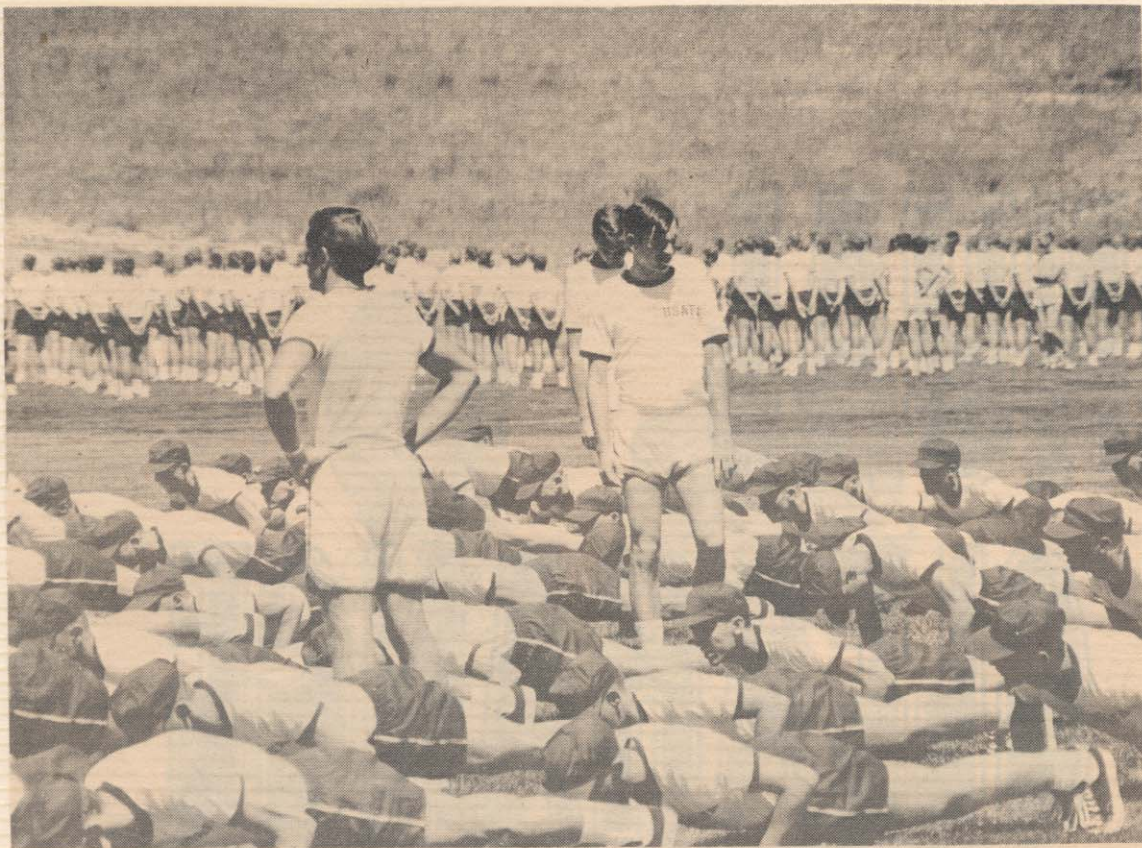Always on the run

One, two, three, ONE; one, two, three, TWO . . .